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August 4, 1998

Food and Drug Administration
Office of Special Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition
200 C Street, SW
Washington, D.C. 20204

1856 '98



Dear Sirs:

Notice is hereby given pursuant to the requirements of section 403(r)(6) (21 U.S.C. 343(r)(6)) of the Federal Food, Drug, and Cosmetic Act and in accordance with the requirements of 21 CFR 101.93, that Health From The Sun, PO Box 840 Sunapee, NH 03782 within the past 30 days commenced marketing a dietary supplement bearing the following statements on the label and/or in the labeling:

Text of Claims

1. supports healthy joint function and flexibility so you can stay active
2. maintain healthy cartilage, connective tissue and bones
3. Borage Oil - helps maintain flexible, healthy joints
4. Glucosamine Sulfate - building block for cartilage, helps promote joint integrity
5. Organic Flax Seed Oil - support healthy immune function
6. Boswellic Acid - supports normal joint function and flexibility
7. Vitamin C - antioxidant, necessary for healthy collagen which is found in connective tissue, cartilage and bones
8. Manganese - important for healthy bones and the skeletal system, also necessary for synthesis of the antioxidant enzyme superoxide dismutase (SOD)
9. Vitamin D - necessary for calcium absorption and healthy bones
10. Zinc - necessary for immune function and cell growth

Marketers of:

Evening Primrose Oil

Borage Oil

Black Currant Oil

Flax Oil

Fish Oil

Rocket Fuel

Focus Fuel

Sanhelios

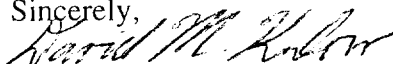
Bee Pollen
from England

Nature's Grains

Name of Ingredients Subject to Claim: See Above

Name of Supplement: Health From The Sun *EFA Joint Formula*

The undersigned certifies that the information contained in this notice is complete and accurate and that Health From The Sun has substantiation that the statement is truthful and not misleading.

Sincerely,

David M. Kulow
Sr. Vice President

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